

Cheddar Running Club
The Big Cheese Race 2023

Position	Race Number	Total Time	Name	Category	Club
1	225	01:39:59	Christian Green	MSen	Wells City Harriers
2	249	01:44:38	Gareth Williams	MSen	Southville Running Club
3	160	01:45:41	Sam Husband	MSen	Greenbow Running Club
4	317	01:46:35	Frank Morris	MSen	
5	247	01:48:27	Sam Rodda	MSen	Reading AC
6	296	01:48:27	Morgan Tame	MSen	
7	24	01:50:50	Andy Tarrant	MSen	Southville Running Club
8	145	01:51:06	Mike Milnes	MSen	
9	104	01:51:39	James Body	MSen	Burnham On Sea Harriers
10	248	01:54:38	David Corkey	MSen	Bristol and West AC
11	49	01:55:03	Ian Luke	MV40	Poole Runners
12	5	01:55:27	Matt Powell	MV40	Burnham On Sea Harriers
13	210	01:57:47	Edward Burke	MSen	Southville Running Club
14	148	01:58:04	Daniel Thomas	MSen	Bridport Runners
15	172	01:58:13	Jonathan Morrell	MV40	Corsham Gold
16	17	01:58:17	Damien Fieldhouse	MSen	
17	240	01:59:36	Jason Roberts	MV50	
18	313	01:59:53	Timothy Martin	MV40	
19	103	02:00:12	Daryl Emery	MV40	Somer AC
20	217	02:00:31	Ben Burns	MV40	Clevedon Athletic Club
21	263	02:00:42	John Hible	MSen	Corsham Running Club
22	332	02:01:41	Adam Clark	MV40	
23	219	02:01:42	Nick Houston	MSen	
24	158	02:01:49	Andrew Sweeney	MV40	
25	191	02:02:09	Andrew Grant	MV50	Town and Country Harriers
26	88	02:02:15	Daryl Hart	MV40	
27	6	02:02:29	Alex Hamilton	MSen	Burnham On Sea Harriers
28	209	02:02:36	Richard Saupe	MV40	Burnham On Sea Harriers
29	154	02:03:19	Victoria Ratcliffe	FV45	Somer AC
30	199	02:04:20	Joe Bracewell	MSen	
31	276	02:05:28	Martin Shoots	MV50	Minehead RC
32	201	02:05:58	Jim Hardcastle	MV50	
33	62	02:06:16	Ben Foss	MSen	Thornbury RC
34	38	02:06:27	Rosie Mckissock	FV40	Somer AC
35	78	02:06:28	William Bond	MSen	Somer AC
36	301	02:06:46	James Lucas	MV40	Portishead R C
37	134	02:06:47	Jessica Stueber	FV45	Highworth RC
38	245	02:06:50	Sam Hawkins	MV40	Weston Athletic Club
39	221	02:07:11	Mark Rush	MV40	
40	254	02:07:56	Christopher Siggery	MV40	
41	203	02:08:08	Wil Payne	MV40	
42	185	02:09:19	Alex Jakubowski	MV40	Southville Running Club
43	13	02:09:22	Amy Boalch	FSen	Team Bath Athletic Club
44	212	02:09:43	Lee Mcmeekin	MV50	Medway and Maidstone AC
45	331	02:09:44	Hannah Large	FSen	Westbury Harriers
46	8	02:10:00	Andy Rich	MV40	St Austell Running Club
47	50	02:10:40	Simon Daniel	MV40	Bristol Up & Runners
48	112	02:10:56	Huw Thomas	MV50	Wroughton Whippets
49	302	02:11:51	Simon Dury	MV40	Weston Athletic Club
50	130	02:12:10	Tim Clarke	MSen	
51	239	02:12:21	Richard Tilley	MSen	
52	198	02:12:24	Michael Budd	MV50	Bridport Runners
53	307	02:13:10	Alex Murray	MV40	Clevedon Athletic Club
54	170	02:13:32	Douglas Higgs	MSen	
55	113	02:14:18	Paul Bailey	MV40	Wroughton whippets
56	197	02:14:56	Martin Stapleton	MV50	Vegan Runners UK
57	36	02:15:09	Charlie Apps	MV40	
58	147	02:15:52	Rob Branch	MSen	
59	241	02:15:54	Rob Hook	MV50	Chepstow Harriers
60	261	02:16:12	Jake Attwood	MSen	
61	179	02:16:16	Paul Edwards	MV40	
62	149	02:16:28	Jason Cox	MV40	

Position	Race Number	Total Time	Name	Category	Club
63	205	02:17:09	Kieran Mcmanus	MV40	Clevedon Athletic Club
64	168	02:17:47	Marc Walters	MSen	
65	233	02:17:52	Catherine Hicks	FSen	
66	133	02:17:55	Tom Greenslade	MSen	
67	288	02:18:08	Joe Attwood	MSen	
68	184	02:18:49	Joe Vassay	MSen	
69	337	02:19:06	Matthew Evans	MSen	Wroughton Whippets
70	325	02:19:10	Ellamae Beake	FSen	
71	298	02:19:20	Matthew Freeman	MV40	
72	258	02:19:44	James Gale	MSen	Southville Running Club
73	213	02:20:58	Thomas Morgan	MV60	Royal Navy Athletics Club
74	107	02:21:06	Andy Smith	MV40	
75	119	02:21:14	Francis Tracey	MV50	Witney Road Runners
76	218	02:21:17	Manda Twentyman	FV50	
77	268	02:21:18	Ian Kinnersley	MV60	Axe Valley Runners
78	3	02:21:36	Paul Baker	MV50	Weston Athletic Club
79	186	02:23:10	Dan Savory	MV50	
80	327	02:23:22	Sonny Topham	MSen	
81	335	02:23:35	Chris Grieco	MSen	Running Forever Running Club
82	117	02:23:42	Pete Stevens	MV50	Wroughton whippets
83	71	02:23:54	Ross Matthews	MSen	
84	156	02:24:07	Allie Hearne	FSen	Mornington Chasers
85	75	02:25:14	Daniel Rickards	MV40	
86	195	02:25:21	Simon Arcscott	MV50	Bridport Runners
87	178	02:25:34	Ben Franks	MSen	
88	286	02:25:50	Chris Hopes	MV60	Southville Running Club
89	68	02:25:55	Kieran Squire	MSen	
90	193	02:26:22	Nigel Ryder	MV50	Wickwar wunners
91	109	02:26:26	Simon Merrick	MV60	Emersons Green Running Club
92	188	02:26:32	Thomas Clark	MV40	
93	132	02:27:00	Dan Vidler	MV40	
94	334	02:27:17	Mike Neck	MV40	
95	106	02:27:40	Darren Pooley	MV40	
96	111	02:27:54	Laura Rocca	FV35	Wroughton Whippets
97	291	02:28:16	Shawn Rothwell	MSen	
98	138	02:28:42	Joe Urwin	MV40	
99	208	02:28:50	Scott Vernon	MV50	
100	2	02:29:03	Lisa Hallett	FV45	Running for Time
101	61	02:29:09	Ian Rodd	MV50	Mendip trail runners
102	64	02:29:19	Ian Holmes	MV50	Frome Running Club
103	97	02:30:10	Alan Taylor	MV50	Weston Athletic Club
104	235	02:30:23	Casper Harvey	MV40	Weston Athletic Club
105	265	02:30:25	James Mason	MSen	Minehead Running Club
106	89	02:30:26	Hayley Phillips-Hart	FSen	
107	23	02:30:44	Adam Moore	MSen	
108	244	02:31:13	Ben Harmsworth	MV40	Street Striders
109	326	02:31:24	Mollie Lynn-Manuel	FSen	Kinetic Sports
110	164	02:31:24	Russ Shayler	MV40	Weston Whippets
111	190	02:31:37	Yuen Ng	MSen	
112	255	02:31:51	Mark Naylor	MV50	Wroughton Whippets
113	11	02:31:57	Alan Morton	MV60	
114	319	02:32:14	Gary Jennings	MV60	Southville Running Club
115	202	02:32:19	Richard Pearce	MV40	Southville Running Club
116	105	02:32:27	Kelly Godden	FV35	
117	124	02:32:28	Hannah Brown	FV50	Wroughton Whippets
118	146	02:32:29	Joseph Bailey	MV40	Lonely Goat RC
119	98	02:32:31	Francesca Kuzemka	FV40	
120	12	02:32:45	Lewis Morgan	MSen	
121	312	02:33:29	Bevan Dickerson	MV40	Nailsea Runnig Club
122	72	02:33:51	Paul Smith	MV50	Somer AC
123	270	02:34:02	Tom Sharp	MV40	
124	122	02:34:50	Katie Unnithan	FSen	University of Birmingham AC and Cross
125	251	02:34:50	Caitlin Carnegie	FSen	
126	22	02:35:01	Andrew Procter	MV40	
127	19	02:35:16	Nick Stunt	MV40	

Position	Race Number	Total Time	Name	Category	Club	
	128	277	02:36:06	Lee Oliver	MV40	
	129	82	02:36:26	Gareth Jones	MSen	
	130	90	02:37:17	Jack Friswell	MSen	
	131	150	02:37:27	Marcin Czuba	MSen	Mendip Trail Runners
	132	137	02:37:41	Shelley Gumbleton	FV45	
	133	329	02:37:46	Simon Hawkes	MV60	Clevedon Athletic Club
	134	108	02:37:49	Nick Dove	MV60	
	135	99	02:38:03	Kim Lo	FV40	Haywards Heath Harriers
	136	167	02:38:06	Rich Thomas	MSen	
	137	48	02:38:18	Mark Miles	MSen	
	138	269	02:38:29	Ben Sharp	MV40	Clevedon Athletic Club
	139	114	02:38:45	Kevin Smith	MV50	Wroughton Whippets
	140	163	02:40:35	Gary Bowden	MV50	Weston Athletic Club
	141	76	02:41:04	David Fontaine	MV70	
	142	58	02:41:20	John Hargreaves	MV70	Great Western Runners
	143	14	02:41:29	Ian Boalch	MV50	
	144	74	02:41:47	Jon Saunders	MV50	Nailsea Running Club
	145	180	02:41:54	Rachel White	FSen	
	146	320	02:42:37	Oliver Uffindall	MV40	
	147	77	02:42:50	Chris Turner	MV50	
	148	20	02:42:58	Zoe Stunt	FV40	
	149	101	02:43:51	Thomas Chiffers	MSen	
	150	330	02:43:58	Frances Crozier	FV35	Clevedon Athletic Club
	151	28	02:43:59	Simon Dodd	MV40	Clevedon Athletic Club
	152	70	02:44:01	Neil Kelly	MV40	
	153	299	02:44:24	Joe Butler	MV40	Bad Boy Running Club
	154	187	02:45:15	Chris Hewett	MV40	Vegan Runners UK
	155	161	02:45:22	Simon Clayson	MV50	
	156	271	02:45:34	Sophie Jones	FSen	Weston Athletic Club
	157	308	02:45:39	Chris Kay	MSen	Southville Running Club
	158	267	02:45:45	Rosina Rowland	FV60	Thornbury Running Club
	159	126	02:45:51	Melissa Trego	FSen	Weston Athletic Club
	160	304	02:46:19	Abigail Middleton	FSen	
	161	152	02:47:16	Kathryn Reed	FV50	
	162	259	02:47:18	Sandy Hending	FV50	Southville Running Club
	163	115	02:47:20	Pete Harris	MV50	Wroughton Whippets
	164	236	02:48:10	Graham Philip James	MV60	Forest of Dean AC
	165	33	02:48:28	Claire Sparrey	FV45	Purbeck Runners
	166	30	02:48:29	Ian Bugler	MV40	Square and Compass Trail Runners
	167	183	02:50:19	Sid Green	MV50	Mendip TRC
	168	333	02:50:31	Liz Parry	FV50	Mendip TRC
	169	246	02:50:42	Connor Roe	MSen	
	170	54	02:51:30	David Rush	MV50	
	171	63	02:51:37	Neil Coleman	MSen	
	172	59	02:52:42	Catherine Williams	FV35	Almost Athletes
	173	65	02:52:45	Stuart Higgins	MV40	None
	174	116	02:52:55	Paul Phillips	MV50	
	175	306	02:53:09	Amy Cameron	FV45	Swindon Striders
	176	227	02:53:31	Rob Grubb	MV50	Clevedon Athletic Club
	177	314	02:54:11	Mitchelle Derham	MSen	
	178	311	02:54:14	Nathan Slee	MSen	
	179	211	02:54:34	Teresa Oakes	FV50	
	180	214	02:54:34	Laura Pease	FV35	Southville Running Club
	181	243	02:54:43	Justin Harmsworth	MV40	Street Striders
	182	81	02:55:10	Emma Woodcock	FV40	Wells City Harriers
	183	257	02:55:20	Paul Parmenter	MV50	Langport Runners
	184	256	02:55:21	Sam Pular	FV35	Langport Runners
	185	252	02:55:25	Barbara Hunter	FV50	Southville Running Club
	186	310	02:55:39	Andy Greening	MV40	Nailsea Running Club
	187	316	02:55:52	Jenny Wareham	FV35	
	188	83	02:55:58	Elizabeth Buckman	FV35	Ubombo Mountain Running Club
	189	84	02:55:58	Nicola Price	FSen	
	190	284	02:56:08	Sarah White	FV40	Weston Athletic Club
	191	21	02:56:26	Jamie Munro	MSen	
	192	328	02:58:24	Helen Cooper	FV45	Winscombe Ladies Running Group

Position	Race Number	Total Time	Name	Category	Club
193	262	02:59:36	Stephen Hible	MV60	Corsham Running Club
194	100	03:00:20	Ben Ayling	MV40	Burgess Hill Runners
195	206	03:00:47	Shan Mccarthy	FV50	Weston Athletic Club
196	336	03:01:01	Richard Barnett	MSen	Great Western Runners
197	303	03:01:22	Wayne Anthony	MSen	Quantock Harriers
198	69	03:01:29	David Cadman	MSen	
199	165	03:01:47	Katy Lewis	FV40	
200	289	03:02:28	Dean Anthony	MV40	Sidmouth Running Club
201	162	03:02:52	Barry Knowles	MV50	
202	274	03:03:01	Helen Phillips	FV45	Southville Running Club
203	45	03:03:34	Jane Hobbs	FV35	
204	10	03:03:40	Niamh Morton	FSen	
205	102	03:03:44	Rachel Hahn	FV35	
206	181	03:04:53	Jeremy Chappell	MV40	Weston Athletic Club
207	230	03:04:53	Luke Fielder	MV40	Weston Athletic Club
208	46	03:05:19	David Chittock	MV50	Almost Athletes
209	232	03:06:11	Kim Clark	FV60	Wells City Harriers
210	177	03:06:27	Whitney Hallam	FSen	
211	290	03:06:37	Jasmin Petty	FV40	Weston Athletic Club
212	228	03:07:04	James Wotton	MSen	Weston Athletic Club
213	266	03:08:00	Stephen Delve	MV50	Weston Athletic Club
214	280	03:08:00	Louise Derrick	FV35	Weston Athletic Club
215	86	03:09:38	Nick Presdee	MV50	Mendip TRC-Triathlon & Running Club
216	85	03:09:38	Louise Lowry	FV45	
217	144	03:10:11	Rachael Wilcox	FV35	
218	141	03:10:11	Claire Law	FSen	Caldicot Running Club
219	155	03:10:27	Chiaki Beis	FV40	Royal Wootton Bassett Hounds RC
220	118	03:10:30	Samantha Pheby-Mondell	FV50	Wootton Bassett Hounds
221	151	03:10:33	Catherine Matthews	FV40	Haldon Trail Runners
222	175	03:11:03	Helen Hutchings	FV40	
223	44	03:12:51	Christie Shuter	FV45	
224	87	03:13:26	Anton Morelli	MSen	
225	207	03:13:38	Suzannah Dyer	FV50	Weston Athletic Club
226	41	03:13:56	Paul Frissen	MV50	Torbay AAC
227	42	03:13:56	Karen Frissen	FV50	Torbay AAC
228	323	03:14:04	Phil Boler	MV40	Town and Country Harriers
229	324	03:14:27	Lucien Campbell-Kemp	MV50	Town and Country Harriers
230	94	03:14:32	Teresa Hirst	FV50	
231	95	03:14:32	Graham Hirst	MV50	
232	215	03:15:19	Diane Pease	FV60	Southville Running Club
233	237	03:16:15	Ania Wronski	FSen	
234	153	03:16:15	Madelaine Pendrigh	FSen	Tring Running Club
235	110	03:16:55	Helen Morton	FSen	
236	129	03:18:45	Lizzy Knowles	FV35	
237	273	03:18:55	Rebecca Poole	FV40	Fairwater Runners Cwmbran
238	127	03:18:55	Matteo Beccaria	MSen	
239	272	03:18:55	Beverley Jones	FV50	Fairwater Runners Cwmbran
240	91	03:19:37	Aleasha Cagle	FSen	Frome triathlon
241	166	03:21:39	Jonathan Bale	MV50	PACTri
242	25	03:21:39	Wendy Conway	FV60	
243	223	03:22:19	Liza French	FV40	Weston Athletic Club
244	224	03:22:19	Jurgita Anuskeviciute	FV35	
245	136	03:22:21	Alexis Wiseman	FV35	Weston Athletic Club
246	194	03:22:23	Sarah Weare	FV45	Weston Athletic Club
247	192	03:23:52	Jaime-Ann Thurlow	FV45	
248	242	03:26:36	Heather Griffin	FV45	Westbury Harriers
249	174	03:27:32	Louisa Ansell	FV35	TWAC
250	157	03:27:32	Darren Mew	MSen	

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251	56	03:29:11	Catherine Mason	FV50	Almost Athletes
252	43	03:31:03	Tim Carr	MV50	Westbury Harriers
253	204	03:31:03	Joanna Howell	FSen	North Bristol Running Group
254	315	03:31:45	Ricky Poole	MV50	
255	281	03:31:55	Nicola Currell	FV45	Weston Athletic Club
256	322	03:31:55	Dawn Kinghorn	FV40	Weston Athletic Club
257	55	03:36:22	Liam O'Brien	MSen	
258	159	03:36:52	Graham Hampshire	MV50	Nailsea Running Club
259	15	03:36:52	Kathleen Paul	FV50	Nailsea Running Club
260	18	03:36:52	David Lippiatt	MV50	Nailsea Running Club
261	173	03:37:35	Emma Keen	FV40	
262	57	03:42:20	Martin Cave	MV50	
263	293	03:49:10	Judit Salamon	FV45	Weston Athletic Club
264	294	03:49:25	Phil Gray	MV40	Weston Athletic Club
265	300	03:50:28	Mathew Gibson	MV40	No excuses
266	278	03:50:29	Kate Rossiter	FV50	Weston Athletic Club
267	279	03:50:30	Ann Clutterbuck	FV50	Weston Athletic Club
268	285	03:50:31	Karen Shears	FV60	Wells City Harriers
269	282	03:50:46	Kate Wilson	FSen	Weston Athletic Club
270	283	03:50:55	Peter Bartlett	MV60	Weston Athletic Club
271	80	03:53:25	Andy King	MV50	Clevedon Athletic Club
272	139	03:55:12	Danny Bomford-Glaysher	MV40	
273	140	03:55:12	Kim Sims	FV40	Weston Athletic Club